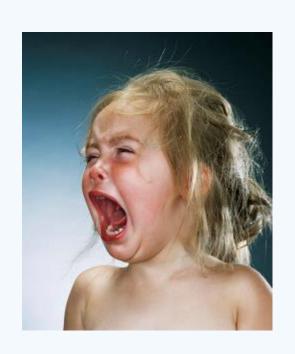
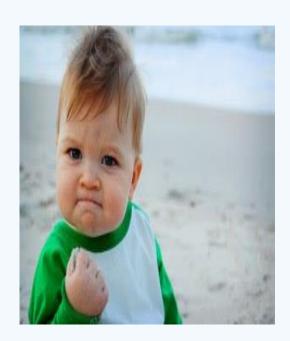


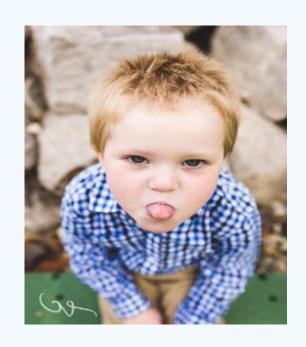
What is FamilyMatters!?

FamilyMatters! is a multi-stakeholder movement to provide greater support for Family Life Education (FLE) programmes and resources at different life stages, delivered through channels like the schools.

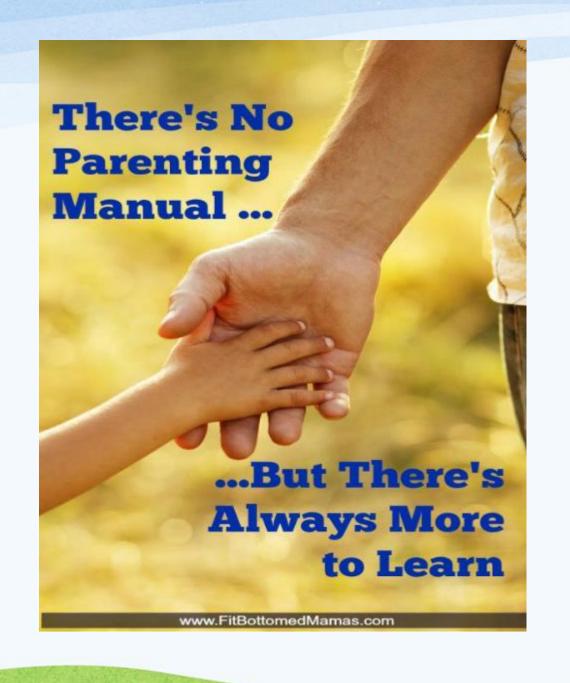
Kids don't come with an instructional manual













Montfort Care

@27 Family Service Centre
27 Telok Blangah Way #01-1018
Singapore 090027
Tel: (65) 6270 8327

Email: contact@27fsc.org.sg

Operating hours: Monday – Friday 9.00am – 6.00pm Closed on Saturday, Sunday & Public Holidays

The Positive Parenting Programme (Triple P)

- An evidence-based programme introduced by MSF that
 - equips parents with techniques to promote their children's psychological, social and emotional competence; and
 - is a tiered system of five levels of intervention that differ depending on the type, intensity and frequency of parental support required.





Parents who completed the programmes reported improvements in four areas:

- 1. Greater parenting
- competence
 2. Lower parenting stress
 3. Improved emotional state
 4. Reduced behavioural
- problems in children



Topic: Transition from P6 to Sec 1

MSF parenting talk



Topic: 5 minutes more....

MSF parenting talk

Triple P Seminar Series 2022

Interesting Progammes lined up and specially curated for you.

- Quick heads up on the dates
 - · 4th, 11th, 25th March (Friday, 7 pm)
 - · 6th, 13th, 20th May (Fridays, 7 pm)
 - 9th, 16th, 23rd July (Saturdays, 10am)
 - 4th, 11th, 18th November (Fridays, 7pm)

- March: General Triple P
- May, July and November: incorporate popular workshops on Cyber wellness, Emotional management, Motivation etc.
- Mostly virtual (Zoom webinar)
- Aim: Address common concerns by parents
- Notification via PG and whatsapp

Call to lead in our PTA projects

- We would like to tap on your expertise for the following programmes:
 - Parenting Talks/ Career Guidance
 - Baking Class
 - · Cycling
 - Nature trails
 - Learning Journey
 - · GESS Family Day Carinval
 - Commemoration of National Education events

 Scan the QR code below to join the select group!



