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GESS/2019/PTA Talk/01

12 July 2019

Dear Parents/Guardians of Gessians,

Be Cyber Smart – Learn best practices for parenting in the digital age

Teens today are more vulnerable and exposed to online risks such as gaming addiction, inappropriate content, cyber bullying and breaches of privacy.

With proper education and intervention, as well as guidance from parents, young digital users can avoid these pitfalls and become responsible netizens while enjoying all the positive benefits the online world has to offer.

In this interactive session, Ms Vandana Dhaul (Lead Programme Manager of First Stop Startup Essential, also PTA Secretary) will share tips on empowering parents to help their children safely navigate the cyber space.

Contents:

- Insights into the latest digital trends
- Social impact of cyber wellness issues such as gaming and internet addiction
- Cyber bullying and social media misadventures
- Resources available to enforce digital discipline
- Role modeling good digital habits
- When and how to reach out for external help

We seek your continued support and believe you will benefit from this parenting talk.

Date: 20 July 2019

Time: 10am to 12pm

Venue: GESS AVA Studio

We look forward to seeing all of you.

Onwards!

Yours faithfully

Mrs Selva
Vice-Principal
Gan Eng Seng School