

CLASS OF 2020



WELCOME BACK!


CELEBRATE EFFORTS!

The N-Level is a culmination of years of hard work and perseverance.

Let's celebrate our efforts regardless of the results.

Let's mark the end of the academic year by reflecting together on all our previous achievements in school and the challenges we have overcome!





Success is not final,
Failure is not fatal;
It is the courage to
continue that counts.

Winston Churchill

THINK OPPORTUNITIES!

- As you await your GCE N-Level results, there are 3 possibilities:
 - You are happy that your results meet your expectations,
 - You are overjoyed that your results exceed your expectations, or
 - You are worried/upset because your results fall short of your expectations.

Remember that **everyone's learning journey is different**
but **we can each have a fulfilling outcome!**

Many pathways and opportunities!

Managing Your Emotions and Making Your Decisions

When you receive your results, you may feel overwhelmed by emotions. Managing these emotions well will allow you to stay calm and make rational decisions.



STOP

Stop any unhelpful thoughts or actions that would make you more upset. Inhale deeply and exhale slowly using 10 counts as you relax your muscles. Acknowledge your emotions.

THINK

Think through the different options that are available for you. Keep things in perspective. Remember that N-Level is just one part of your life journey and not the destination.

DO

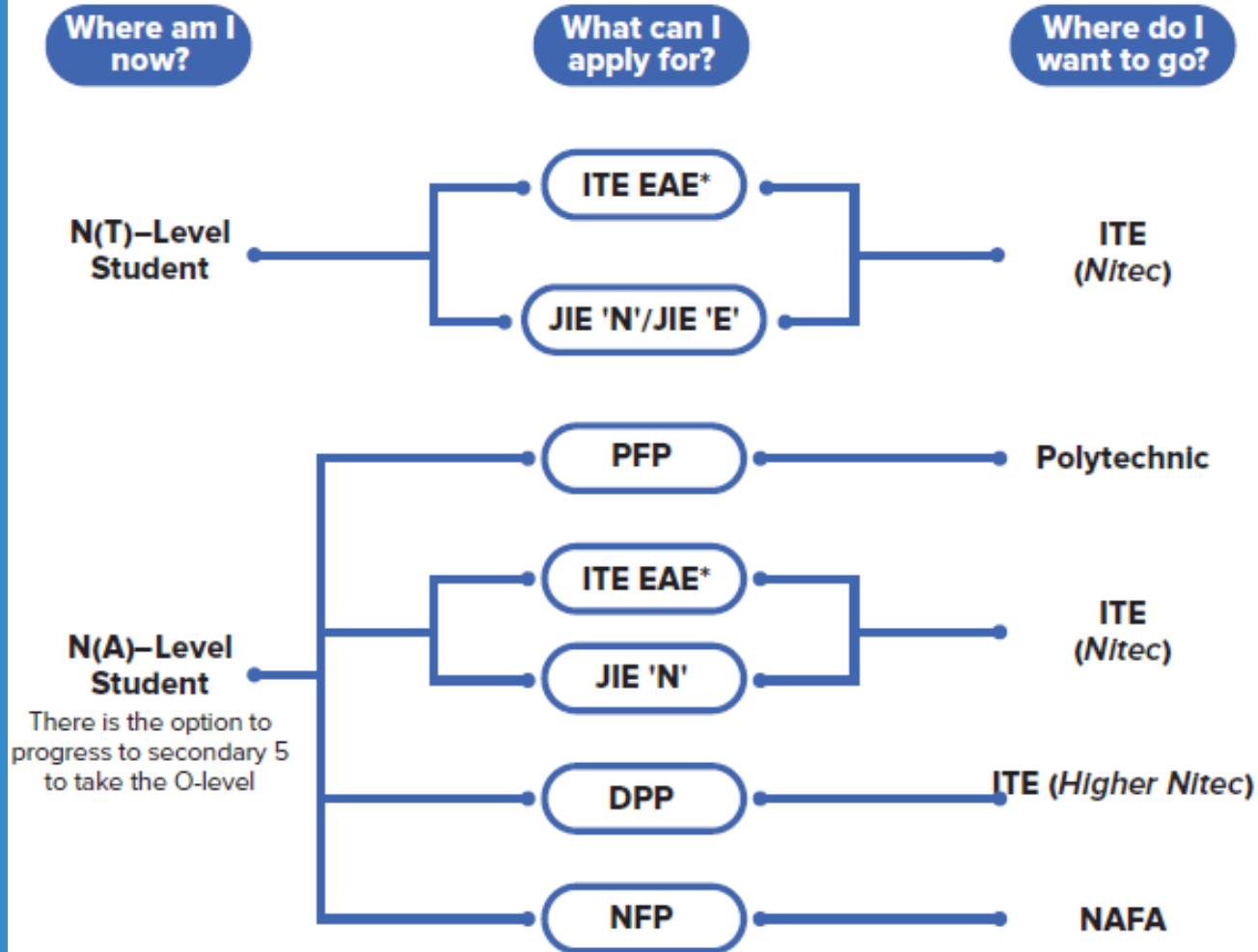
Approach a trusted adult and seek his/her help. Have a conversation with this person about what would be best for you. Make a decision based on your options and take action.

Admission Exercises

Things to note



Admissions Exercises for Normal Technical (N(T)) / Normal Academic (N(A)) Students



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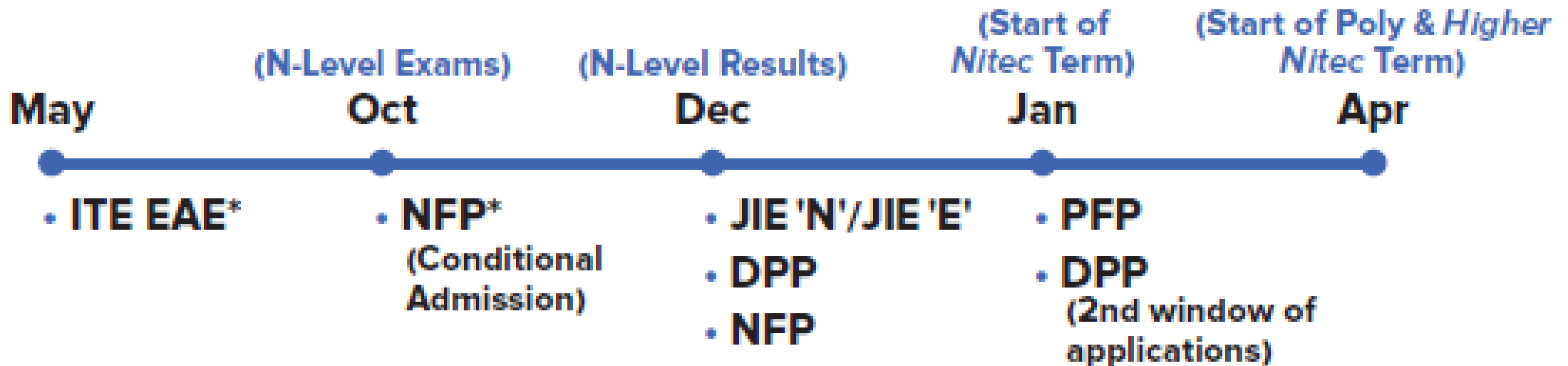


Guide to Post Sec Admission Ex

Admissions Exercises Application Timeline



When can I apply?



*Students can apply through these admissions exercises before their examinations.

Details of Admission Exercises (1)



ITE EAE – ITE Early Admissions Exercise

ITE EAE is an aptitude-based admissions exercise that allows students to apply and receive conditional offers for admission to ITE based on their aptitude and interest, prior to receiving their final GCE N-Level examination results. It allows students to demonstrate their aptitudes and interests apart from academic grades, thus allowing a wider range of talents to be recognised.



go.gov.sg/applyeae



JIE 'N'/JIE 'E' – Joint Intake Exercise

The JIE 'N' is for GCE N(T)-/N(A)-Level holders to apply for the two-year *Nitec* course.

The JIE 'E' is for GCE N(T) students to apply for the three-year *Nitec* course with Enhanced *Nitec* Foundation Programme.



go.gov.sg/applyforjie

Details of Admission Exercises (2)



DPP – Direct-Entry-Scheme to Polytechnic Programme

DPP allows secondary 4N(A) students to be admitted directly into a two-year *Higher Nitec* programme at ITE without having to sit for the O-Level examinations or undergo a *Nitec* programme.

DPP students who successfully complete their *Higher Nitec* courses at ITE and attain the required qualifying Grade Point Average (GPA) scores are guaranteed a place in a polytechnic diploma course mapped to their *Higher Nitec* course.



go.gov.sg/dpp



NFP – NAFA Foundation Programme

NFP is a one-year practice-based programme that prepares N(A)-Level holders to pursue a diploma in the creative arts.



go.gov.sg/applynafafp



PFP – Polytechnic Foundation Programme

PFP is a one-year programme that offers a practice-oriented curriculum taught by polytechnic lecturers to better prepare polytechnic-bound N(A) students for entry into relevant polytechnic diploma courses. PFP students are given provisional places in diploma programmes, subject to them passing all modules in the one-year PFP.



go.gov.sg/pfp

**For Students Planning
for Private Education**

The 3Rs when deciding on Private Education

Reasons

Why are you
furthering your
studies?

Readiness

How ready are
you to further
your studies?

Risks

Do you know
the possible
drawbacks?

8 Things You Should Know Before You Enrol in A Private School

School Registration



Ensure the school is registered with CPE. Review the school's registration period, expiry date and its overall registration track record.

Partner Institution



Research on the partner institution conferring the diploma or degree, and whether the qualification is recognised by the industry.

EduTrust Certification Scheme

Is the school EduTrust-certified*? Under the scheme, private schools are assessed for their performance in areas such as school management and provision of student support services.



**Schools are required to obtain EduTrust certification in order to offer external degree programmes*

School Premises

Head down to the campus ground to check the facilities and support services. Observe the study environment too.



Fee Protection



Ask if there is any course fee protection so that you will be able to recover unconsumed course fees should the school close down.

Beyond Course fees



Find out about the course syllabus and materials, graduation rates and employment prospects. Approach the alumni to find out what they think of the school.

Teachers

Check if the teachers are qualified to teach the course.



Internship

If industry attachment is included, find out which organisation you will be attached to, the period of attachment and the alternative arrangement should the attachment become unavailable. Verify the information with the organisation as well.



Useful Resources for Students

Speak to an ECG Counsellor

- Making informed decisions is important for successful transition from school to further education.
- Speak with your teachers and ECG Counsellor in school, besides your parents, on the possible pathways.
- MOE ECG Centre offers online or phone counselling services to GCE N-Level students from 10 – 23 December 2020 (Weekdays: 9.00 am to 5.00 pm; Saturdays: 9.00 am to 12.30 pm).
- Details on how to make an appointment can be found in the What's Next pamphlet distributed to you.

Make an online or phone counselling appointment with the ECG Centre @ MOE (Grange Road) through

<https://go.gov.sg/moe-ecg-centre>.

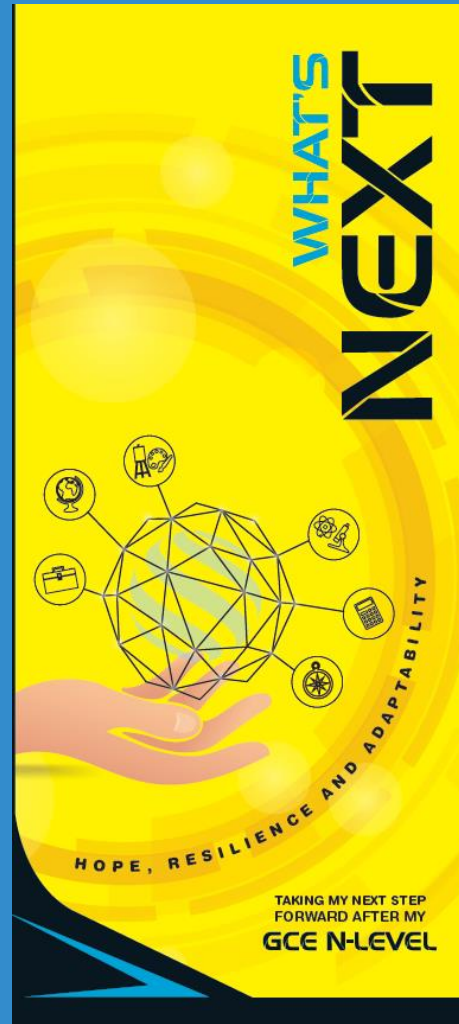


MySkillsFuture Student Portal (Secondary)

Visit <https://go.gov.sg/MySFSec> for more information on post-GCE N-Level options



What's Next – A Quick Guide



<https://go.gov.sg/whats-next>

Reach out for support

- If you have any concerns or are not coping, do reach out to someone you trust and speak with them. It could be a parent, teacher, school counsellor or a friend that you can talk to.
- If you experience prolonged difficulties, the Community Health Assessment Team (CHAT) provides personalised and confidential mental health checks and face-to-face consultation for youth aged 16 to 30.
- To speak with a youth support worker, you can visit CHAT Hub at *Scape, #05-05. You can also call 6493 6500/ 6501 or email CHAT@mentalhealth.sg.
- Alternatively, you may also call the Samaritans of Singapore's 24 hour hotline at 1800-221-4444 to speak with someone.



How am I doing? Sec/JCCI

I'm doing great!
I'm doing pretty good.
I'm doing okay, i guess.
I'm starting to struggle.
I'm having a really bad time.
I need to reach out for support.

Having difficult emotions during a stressful and uncertain period is normal. Keep a look out for some of these signs:

D Deliberately avoiding others
I Increased irritability, restlessness, agitation, stress and anxiety
S Sending or posting moody messages on social media
T Talking about death or dying
R Reacting differently or gradually losing interest in things they used to like
E Eating more than usual or having a much reduced appetite
S Sleep pattern changes with difficulty falling asleep or oversleeping
S Slowing down of energy levels

If you notice any of these signs in yourself or your friends, **have a chat with your school counsellor or teacher**
Or contact SOS 24-hour hotline at **1800-221-4444**

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<https://go.gov.sg/wellbeingsecjcci>



Ministry of Education
SINGAPORE